



Do you want to take swimming to the next stage?  
 Or just a fun activity for the kids?  
 We offer a variety of swim programs to suit  
 all interest levels!



## Spring Break Swim Lessons

Get ready for summer! We are offering a range of swim classes during Spring Break (3/26-3/29). Registration and more information available on our website and Facebook.



Splash is a non-competitive swim team where children have the ability to learn or enhance beyond what is taught in traditional swim lessons. Splash will run during the summer months (June and July). This is a great stepping stone for children who aren't quite ready for a recreational or competitive swim team. Swimmers will not compete in regular swim meets, but they will have the option to participate in a season-ending FUN, non-competitive "swim meet." It's a small, family event just for Splash swimmers.



Rocklin WAVE swim team is our recreational swim team that is part of the Northern California Swim League (NCSL). Our swim season begins the first week in April and runs through the end of July. Tryouts are in March. Swimmers **must** try-out in order to be considered for the Wave team.



Mavericks is a year round USA Swimming program. There are strict rules about USA swimming that prohibit swimming both recreational and USA swimming. For more information, contact:  
[communications@rocklinswimteam.org](mailto:communications@rocklinswimteam.org).

## Spring Clinics

We offer stroke clinics to prospective Wave & Splash swimmers as well as returning members. Each week during spring clinics we focus on practicing a different stroke (Free, Back, Fly, Breast).



We offer a range of classes from group lessons, private or semi-private for ages 2 through adult. These are offered in the summer months. Registration and more information will be available in late Spring on our website and Facebook.

Visit [www.rocklinswimteam.org](http://www.rocklinswimteam.org) for more information  
 on registration and try-outs.



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