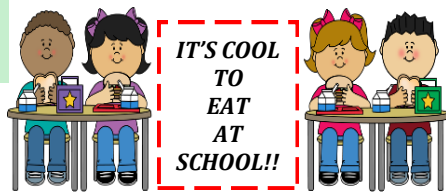



Lunch Price: \$2.75

Reduced: .40 cents



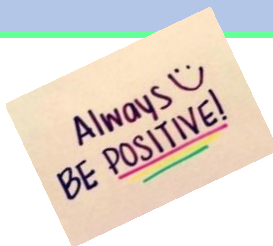
# Rocklin Unified School District Elementary Lunch Menu

## September 2018

| <b>Rise &amp; Shine<br/>MONDAY</b>   | <b>Move &amp; Groove<br/>TUESDAY</b>  | <b>Half Way<br/>WEDNESDAY</b>   | <b>Almost There<br/>THURSDAY</b>  | <b>You made it<br/>FRIDAY</b>   |
|--|---|---|---|---|
| <b>3</b>   | <b>4</b>  | <b>5</b>  | <b>6</b>  | <b>7</b>  |
| <b>NO SCHOOL!</b><br>           | Turkey & Cheese Cracker Kit w/cookie dots<br>BBQ Pork Rib Sandwich<br>Seasoned Fries<br><b>Baked Beans</b>    | Pepperoni Pizza<br><b>New:</b> Spaghetti w/Italian Beef Meat Sauce<br>Bread Stick<br>Frozen Fruit Cup<br><b>Carrots</b> | <b>Breakfast for Lunch!</b><br>Cinnamon Glaze Pancakes & 2 Turkey Bacon Strips<br>Chicken Patty Sandwich<br><b>Hash Brown</b> | Chicken Nuggets<br>Hamburger/Cheeseburger<br>Potato Smiles<br>Rice Krispy Treat<br><b>New: Spinach Mandarin Salad w/Asian Sesame Dressing</b> |
| <b>10</b>  | <b>11</b>   | <b>12</b>   | <b>13</b>   | <b>14</b>   |
| Cheesy Bread Sticks w/Marinara Sauce<br><b>New:</b> Cheese Quesadilla<br>Garden Salad w/Ranch<br><b>Tomatoes</b> | <b>New:</b> Beef Taco Stick w/Salsa Cup<br>BBQ Pork Rib Sandwich<br>Seasoned Fries<br><b>New: Pinto Beans</b> | Popcorn Chicken<br>Turkey Corn Dog<br><b>Mashed Potatoes</b><br>Gravy<br>Soft Baked Cookie                              | French Bread Pepperoni Pizza<br>Hamburger/Cheeseburger<br>Tator Tots<br>Rice Krispy Treat<br><b>Broccoli</b>                  | Tostito Tortilla Scoops w/Taco Beef & Cheese<br>Chicken Patty Sandwich<br><b>Variety Vegetables</b>   |
| <b>17</b>  | <b>18</b>   | <b>19</b>   | <b>20</b>   | <b>21</b>   |
| French Bread Cheese Pizza<br>Macaroni & Cheese<br>Garlic Toast<br><b>Steamed Corn</b>                            | Chicken Tenders<br><b>New:</b> Natural Beef Hot Dog<br>Seasoned Fries<br>Maple Stick<br><b>New: Edamame</b>   | Pepperoni Pizza<br><b>New:</b> Spaghetti w/Italian Beef Meat Sauce<br>Bread Stick<br>Frozen Fruit Cup<br><b>Carrots</b> | <b>Breakfast for Lunch!</b><br>Maple French Toast Sticks & Sausage Patty<br>Chicken Patty Sandwich<br><b>Hash Brown</b>       | Chicken Nuggets<br>Hamburger/Cheeseburger<br>Tator Tots<br>Fruit Pie<br><b>Broccoli</b>   |
| <b>24</b>  | <b>25</b>   | <b>26</b>   | <b>27</b>   | <b>28</b>   |
| Cheese Pizza<br><b>New:</b> Cheese Quesadilla<br>Garden Salad w/Ranch<br><b>Tomatoes</b>                         | Turkey & Cheese Cracker Kit w/cookie dots<br>BBQ Pork Rib Sandwich<br>Seasoned Fries<br><b>Baked Beans</b>    | Popcorn Chicken<br>Turkey Corn Dog<br><b>Mashed Potatoes</b><br>Gravy<br>Soft Baked Cookie                              | French Bread Pepperoni Pizza<br>Hamburger/Cheeseburger<br>Tator Tots<br>Amazing Sour Raisins<br><b>Broccoli</b>               | Tostito Tortilla Scoops w/Taco Beef & Cheese<br>Chicken Patty Sandwich<br><b>Variety Veggies</b>  |

### Daily Cold Lunch Option

Coffee Cake or Blueberry Muffin & your choice of Turkey Breast Stick or Lite Mozzarella String Cheese w/Yogurt, Milk Choice & Salad Bar



All meals include a variety of fresh fruits and vegetables & 1% white or non fat chocolate milk  
 A La Carte Milk: .50 cents



For easy Online Payments, Please go to:  
[www.myschoolbucks.com](http://www.myschoolbucks.com)

All items are 51% Whole Grain